AMT BASIC COURSE HONG KONG

METHOD ELINE SNEL

Mindfulness for children is a powerful and heartful way to cultivate presence of mind and body at home and at school.

Certification program for Method Eline Snel – Mindfulness for Children

This AMT Teacher Training Course is designed for those who would like to teach mindfulness to children aged 4 to 14, using the Method Eline Snel program (Mindfulness Matters!) in schools, institutions, or in private practice. The 6-day AMT Course will be conducted in English and held over three weekends. Your trainer will be Angie Bucu, Licensed Partner and Trainer for AMT.

Conditions for participation

• Completion of an eight-week MiE/MBSR/MBCT/MSC training by a certified trainer
• Degree level education
• Work with children aged 4-14 in schools, private practice, healthcare institute, or in after-school care.

Requirements to complete certification

• Full attendance at all training days
• Prepare and conduct one eight-week pilot course for your own target group
• One mandatory supervision meeting (HK$600 additional cost)
• An essay reflecting your experiences of the pilot course

REGISTER FOR THE 2020 AMT COURSES - HONG KONG

AMT Basic – May 8, 9, 10, May 29, 30, 31
AMT Extra - June 13-14

www.elinesnel.com
Pre-booking is essential

For more information about Method Eline Snel visit www.elinesnel.com
Eline’s book Sitting Still Like a Frog has sold more than 900,000 copies