

Mindfulness Matters!

Course application/enrolment form

Child's Name		Age	
Date of Birth		Gender	School

Parent Name		Parent mobile	
Parent email			
Helper Name		Mobile	
Who to call in an emergency?			

YES / NO

Does your child have any health needs we should be aware of, ie allergies, etc?

If yes, please give details:

Does your child have any learning needs?

If yes, please give details:

Please indicate if any of the areas below are particularly difficult for your child:

- difficulties making and keeping friends
- low academic ability or performance
- comparison to high achieving siblings
- under-developed social skills
- bullying
- anger
- melancholy

Please give more details of the emotional issues your child currently faces, if any.

Is there anything else we need to know about your child?

If yes, please give details:

Please list three (3) areas of strength or ability:

Please list any hobbies or (play) activities that you child enjoys:

What are your best hopes for your child attending this course?

Name (Capitals)

Signature

Date

TERMS

Enrolment:

- A minimum number of five (5) students will be required to run each advertised course.
- We reserve the right to cancel any course prior to confirmation, and if so course fees will be fully refunded.
- If a student withdraws from the course, less than one (1) week prior to the commencement of the course, 70% of the course fee will be refunded.
- Course fees must be paid on or before the first day of the course.

Bad Weather Arrangements

- Afternoon courses will be cancelled if typhoon signal 8 or black rainstorm warning is in place at noon. For typhoon signal 3 or amber/red rainstorm warning, lessons are cancelled at our discretion. Please contact Angie at these times.
- Classes cancelled due to these weather conditions may be rescheduled at the discretion of the trainer.

Payment

Cheque's may be made payable to "AB Consultants Ltd" and given to the trainer on the day of the first lesson.

Online transfers may be made to HSBC Account Name: AB Consultants Ltd - Account no: HSBC 571-104090-838.

Please send a copy of the acknowledgment of payment to angie@ingredientsofwellness.com



Mindfulness Matters course is conducted by Angie Bucu, a certified child trainer certified by the Academy for Mindful Teaching. Angie conducts her business as Ingredients of Wellness under AB Consultants Ltd, a Hong Kong registered company.

AB CONSULTANTS LTD
17F Cherish Court, Peninsular Village, Discovery Bay, Hong Kong
T: +852 90485425, E: angie@ingredientsofwellness.com
www.ingredientsofwellness.com